

# The Kiwanis Chronicles

News of the Club and the Community it Serves

July 1, 2009

Volume 8-9, Issue 42

"A Record of Tomorrow's  
Good Fortunes"



Serving the Children of the  
World

La Mirada Kiwanis Club,  
La Mirada, CA

## Public Speaking

GENE GLEASON introduced our speaker of the morning, John Staley. John is the founding director of the Lawyer's Performance Lab, which instructs attorneys in the finer arts of public speaking. He came to give us a short course in how to speak before groups. He noted that the main point that must be made is that the speaker knows his or her subject. He called that the "Authenticity" of the speaker. Body language is the second point with voice delivery being the third.

In talking of body language, he noted that the hands and gestures must fit the size of the audience. If you are speaking to a thousand people you must be more visibly demonstrative than if you are speaking to a small group. Make eye contact with all of your audience; do not concentrate on just one group.

You should have vocal variety. Loudness, sufficient for the audience to hear, is important. Variety of delivery and not a monotone is necessary. Know your audience. He compared the delivery a coach would use in talking to his football team versus the gentleness necessary when talking to a three year old.

It is necessary to blank out distractions so as to keep focus on your subject. Be prepared but do not memorize your talk. A lost sentence of delivery can lead to disaster if you have only memorized the speech.

He asked for volunteers to come forward and say a sentence or so about any subject. He would then critique their few words and ask them to repeat them. GERALD PEEBLER and Christian Recinos volunteered to be guinea pigs. The bulk of the critique centered around making eye contact with everyone in the room.

John mentioned that vocal rhythm is important. For those on stage or in films, voice is 90% of acting. He talked about varying pitch and loudness.

We thank John for his visit with us. If anyone would like to contact him, his web site is [thelawyersperformancelab.com](http://thelawyersperformancelab.com).

## Pancake Dinner

Holy Crepes, Batman, on Friday, there was a Kiwanis pancake dinner to cap off Pastor Jack's Art and Sports Week at Foster Road School. Kiwanis managed to eke out a quorum to cook sausages and pancakes. We even had REED TAYLOR, who doesn't have a leg to stand on, turning pancakes. AMY SCHEIBEL conducted the show and served the food. Pastor JACK MIRANDA directed the movement and at the same time turned the pancakes.

STEVE FORSTER cooked the sausages, rewired the electrical plug, poured the pancake mix, helped turn the pancakes, but otherwise just stood around. MARK ROYSTON stirred things up in his usual way and out of this chaos came the usual pancake/sausage breakfast—or in this case-dinner. It was a bit odd though to watch the coffee cups being filled with ice to make iced coffee.

All in all, the clientele seemed to enjoy it and Reed's trailer was packed and headed back to the warehouse before his curfew.

**Birthdays:** July 3-Kenny Taylor, July 19-Lorraine Neal

**Anniversary:** July 6-STEVE BLUNT, July 6-STEVE FORSTER, July 11 RON KNIGHT, July 11-DON KING, July 17-RICH TRUJILLO, July 25-RUFFO ESPINOSA

**Visitors:** Christian Recinos, Scholarship winner and Valarie Mejia, counselor at El Camino High School.

**50/50 Winner** was Dr. RICK BEE

### Calendar-Regular Meetings

Every Wednesday Morning

7:15 AM Gateway Holiday Inn

Monthly Evening Meeting-First Thursday

El Camino High School Teacher's Lounge 7:00 PM

Board Meeting

Third Monday Evening of month - 5:30 PM Gateway

Holiday Inn (All Members Welcome)

## June 24 Dollars and Nonsense

TONY ARMAS led us in the Pledge as we started our regular Wednesday Morning meeting. PAT RUIZ led us in "God Bless America." Dr. ED NORMAN gave the Invocation. When it came time for the Bucks to be corralled, PETER CHOW was there to rope us in. RICH TRUJILLO announced a trip to Chicago on Insurance business but he felt also the obligation to go see the Cubbies and the White Sox. Never one to forget a former high school softball star, he brought to our attention that visitor Valerie Mejia starred on the softball team at La Serna High School.

JOHN TOVAR gave for seeing two grandchildren on Father's Day, and for the Scholarship winners from El Camino. Scholarship winner Christian Recinos gave for the Club giving him a Scholarship. Valerie Mejia gave for her daughter and for seeing Kiwanis all over town. TONY ARMAS gave for an upcoming cruise and for missing the pancake dinner. Pastor JACK MIRANDA gave for Kiwanis joining in to serve a pancake dinner this Friday at the conclusion of his "Arts and Sports" Camp at Foster Road School. He added one for Christian receiving his JOHN TOVAR Scholarship.

GERALD PEEBLER gave for Rick joining us and for the Kiwanis Scholarships. REED TAYLOR gave for a trip to Running Springs to visit his old friends from the Fire Company. He was proud to be introduced as that gentleman from La Mirada Kiwanis. LOU PILTZ gave for the Scholarships and for Rick joining us. Dr. RICK BEE also is going on a trip to Colorado and will miss the upcoming events. VANESSA RAMIREZ gave for missing last week. LA DONNA MUNIER told that Whittier went past the \$130,000 mark for Relay For Life.

STEVE FORSTER gave for a fishing trip to Bishop. RUFFO ESPINOSA gave for the upcoming golf tournament, for Rick joining us and for a book given him by his family on Father's Day. It had a coming birth announcement in it created by the sunny climes of Mexico. AMY SCHEIBEL gave for Rick joining us. GENE GLEASON gave for Rick and for Father's Day. CHRIS STAPLES gave for the Chamber and for missing the dinner this Friday. JIM MCGIRR gave for our great Club and for Rick joining us.

Dr. ED NORMAN gave a Happy buck for all the work that REED TAYLOR does to support Kiwanis at the warehouse. Our speaker, John Staley, gave for his son being six months old, and grateful that he is a father. PAT RUIZ gave for our new member Dr. RICK BEE being the MC at one of the La Mirada Symphony concerts. She added one for a trip to Vegas which will preclude her working the pancake dinner. PETER CHOW gave for our new member and for Buena Park's Relay For Life going over the \$100,000 mark. He added for business awards being given to his office and to his wife, Sylvia. DEBBIE SCHEIBEL gave for Rick joining us and for the trip to

### Who Am I?

I was drafted by the St. Louis Cardinals to play base ball.

At the same time I was drafted by Uncle Sam to play on his team. (Guess which one got preference.)

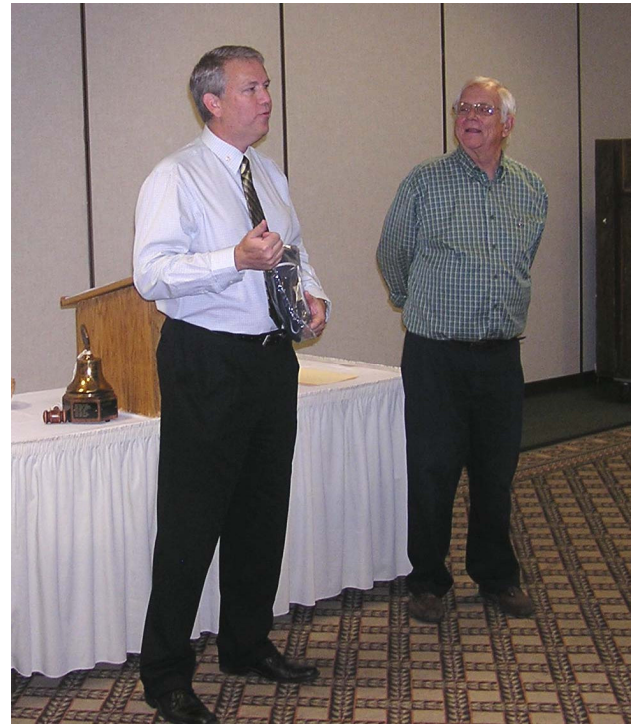
At one time I had a contracting company that installed Christmas decorations for nearby cities.

(As a bonus and as a dead give-away) Horse shoes were always in the trunk of my car.

Who am I?

## New Member Inducted

Dr. ED NORMAN did the honors as the Club inducted a new member, Dr. RICK BEE. Rick is no stranger to most of us as he has been active in many facets of the community for many years. His home base is Biola University but he has been active in the Chamber, including being its president. We are pleased to have Rick as a member and re looking forward to the directions he will take as all new (and old) members bring new vitality to the Club.



Dr. RICK BEE is welcomed into the Club.

## John Tovar Scholarship is Awarded

At Graduation ceremonies at El Camino High School, JOHN TOVAR, Principal, awarded a Scholarship in his name to Christian Recinos. This Scholarship comes as a surprise to the student as he (or she) has no idea they are being considered.

Christian plans on attending College to obtain a degree in Criminal Justice. John brought him along to our morning meeting and told of how he has worked to help his family while studying hard to catch up.

We wish Christian the best and hope that his dreams will come true and we are thankful that we can be a part of them..

# 2008-2009 Officers, Board

## Directors

ANDREW LOMBARDO  
ALAN MORRISON  
RICH POWERS  
Dr. JERRY ROODZANT  
MARK ROYSTON  
PAT RUIZ  
DAVE TAYLOR  
JACK MIRANDA

## Committee Chairs

Kiwanis Education & Bulletin  
MARK ROYSTON  
Greater Years

House & Reception.  
SHERRY BRAKEBILL  
Interclub's  
TONY ARMAS  
Major Emphasis  
PETER CHOW

Membership  
ALAN MORRISON  
Program  
Dr. JERRY ROODZANT  
Publicity  
LOU PILTZ  
Ways & Means  
REED TAYLOR  
Youth Services  
RICH TRUJILLO  
Sunshine  
RUFFO ESPINOSA  
Scholarship  
LOU PILTZ  
Spiritual Aims  
Dr. MIKE WINTER  
Sponsored Youth  
JOHN TOVAR  
Fire Truck Chief  
STEVE FORSTER  
Archives Chairman  
REED TAYLOR

**President**  
**DEBBIE SCHEIBEL**  
**President Designate**  
**Dr. JERRY ROODZANT**  
**President Elect**  
**STEVE FORSTER**  
**Treasurer**  
**SHERRY BRAKEBILL**  
**Secretary**  
**Dr. MIKE WINTER**  
**Immed. Past Pres.**  
**GERALD PEEBLER**  
**Lt. Gov. Div. 30**  
**Shirley MCCRACKEN**  
**Lt. Gov. Designate**  
**GEORGE HALLACK**  
**Lt. Governor Elect**  
**DEBBIE SCHEIBEL**  
**Key Club President**  
**Patricia Yoo**

## The Objects of Kiwanis International

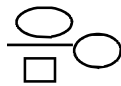
To give primacy to the human and spiritual, rather than to the material values of life  
To encourage the daily living of the Golden Rule in all human relationships.  
To promote the adoption and the application of higher social, business, and professional standards.  
To develop, by precept and example, a more intelligent, aggressive, and serviceable citizenship.  
To provide through Kiwanis Clubs, a practical means to form enduring friendships, to render altruistic service, and to build better communities.  
To co-operate in creating and maintaining that sound public opinion and high idealism which makes possible the increase of righteousness, justice, patriotism, and goodwill.

The La Mirada Kiwanis Club is the home club of the following Past Lt.-Governors : Dr. ED NORMAN, & CARY MAYER and HARLAN COMEE and at one time was the home club of: HAL BENVENISTE, IRWIN KAISER, FRANK MCCOY, and GEORGE HARRISON, all Past Lt. Governors of. Div. 30.



### Legend:

Board Meeting  
Today's Date  
Working Event



## JULY 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## AUGUST 2009

Sun	Mon	Tue	We	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## Announcements

### FIREWORKS STAND July 1-4

Bolstered by volunteers from the Night Group – We are looking pretty good to cover the stand over the July 4th Holiday Period. Need more to sign up for the 4th

### JULY 3 TRI TIP TIPS

Roasts and guests will be marinated at the home of the Roodzant's on Wednesday evening, July 1. Chefs will be selected to take at least 1/2 of the roasts for 'home cooking'. The event committee will be working out duties for the July 3 event at the park. (2:00 p.m. prompt prep hour with serving from 4:00–to 9:00 p.m.)

### July 9-Bingo at Imperial Convalescent Hospital

### STROLL IN THE PARK Thursday, July 9

Save the date. Menu: Kiwanis Super Hot Dogs

### July 16-Bingo at Mirada Hills