

# The Kiwanis Chronicles

**News of the Club and the Community it Serves**

May 12, 2010

Volume 9-10, Issue 32

**Preserving Yesterday,  
Reporting Today**

**Kiwanis**  
La Mirada

**Serving the Children of  
the World**  
**La Mirada Kiwanis Club,**  
**La Mirada, CA**

## Be An Individual

Our speaker of the morning was George Grajega. Dr. Jerry introduced him and told of the many awards in sales and marketing that have been heaped on him. He came to tell us that we are who we want to be. He told of many studies that have proven if we eat better live better. One such study was of groups with serious health problems. The improved markedly when assisted by good nutrition. He talked of one such program that was sponsored by a radio host that sold over a million copies that promoted that you become what you think about.

He added that five years from now we will still be changing because times change. He moved to Los Angeles some twenty years ago and started the process. He started to get raises and pretty soon he was at the top of his sales organization. He thought about what could happen and it did. He compared it to planting a seed. What grows is what the seed is. You don't get apples from an orange seed.

Don't give it up. Think about it every day. He is semi-retired and the goals are easier to achieve. He takes no medication but feels good. The healthier we are the easier it is to achieve our goals. He noted that one well known sage said our problem is "We don't think." People want to live the way their neighbor lives, but success comes to the non-conformist. Be an individual.

We are living in the right country at the right time of history. Be involved with another. When you give you always get more back than you gave. We should ask "Have I been thinking too much of myself?" It's more about others. We have untapped potential. We have assets. We need to use these assets properly. We shouldn't use a mink coat for a bathrobe or break up Chipendale furniture to feed a fire..

He challenges each of us to be a better self by recognizing our potential. We need to change and do more. We need to understand how great the present is and we will change the future. What we have done in the past is just a glimpse of what we can do. Pay close attention to that which is within you and remember that success brings success. Let life call to life; look at what can be done. Be aware of the power we have. Use the past and the present to make a better future.

We thank George for this look at how we can affect our own future.

## Former La Mirada Kiwanian to be Lt. Governor

From DENNIS KEIFER: Just a quick update...I was selected as the Lt. Governor-Elect for the 2011-2012 Kiwanis year for Division 1 of the Texas-Oklahoma District. We have 11 clubs, and one in the planning phase. Texas is big and so is this area of the T-O District. I have exciting things planned and with the help of our strong clubs, we will be Number 1 in this district. Thanks to all the Lt Governors and Past -Lt. Governors of the La Mirada Club, for all of the information and experience I received. I will be sure to use it for my year as Lt. Governor.

## Relay For Life

The following Kiwanians were listed as walkers and/or workers for the Pancake Breakfast at the Relay For Life.

Walkers:

Sherry Brakebill and daughter Barbara, Peter Chow, Gene Gleason, Emmanuel Hernandez, Ronnie Knight, Pastor Jack Miranda, Dr. Ed Norman, Vanessa Ramirez, Amy Scheibel, Debbie Scheibel, Chris Staples and Reed Taylor (brought all the equipment, tents, etc)

Pancake Breakfast

Tony Armas, Peter Chow, Ronnie Knight, Pastor Jack Miranda, Gerald Peebler, Vanessa Ramirez, Dr. Jerry Roodzant, Mark Royston, Amy Scheibel, Debbie Scheibel, Chris Staples, Reed Taylor and Dr. Mike Winter

## Grins and Grimaces-May 5

GENE GLEASON led us in the Pledge. Dr. MIKE WINTER was visiting with daughter Emily on the phone in India (Ain't science wonderful?) so it was decided to sing our Patriotic song so that Emily could hear. It was "God Bless America" and we silently added Emily to one whom God blesses. Dr. ED NORMAN gave the Invocation.

When it came time to clear the streets of the dollars, STEVE FORSTER was there with his environmentally pure collection basket. RICH TRUJILLO gave for the pancake breakfast at the Relay For Life and a "wait until next year \$" for his softball team. DEBBIE SCHEIBEL gave a Thank You dollar for all who helped with the Relay For Life. PETER CHOW gave for missing two weeks in a row, for the Relay For Life and for a trip.

TONY ARMAS gave for Mary Carmen being able to drive. (The Scribe didn't know she plays golf.) GENE GLEASON gave for walking the Relay For Life. He added one for being a judge at an oratorical contest put on by the Optimist. Pastor JACK MIRANDA gave a "Who stole the bell?" dollar. ART LESLIE gave for having to drive (Golf, again) this morning with TOM THORNTON off on a trip to New York. RON KNIGHT gave for his picture in the Chronicles. He added one for being late for the pancake breakfast. He ate a bit extra this AM to make up for the missing members.

GERALD PEEBLER gave for no rain. LOU PILTZ gave for missing the Relay For Life walk. He added one for a new friend sitting beside him. (Our speaker of the morning) He wondered where Reed was. (The Scribe also is missing Jim, gone now for two weeks) PAT RUIZ wanted someone to 'fess up' on the bell thievery. (Somehow she had to pay until someone says, "I did it.") MARK ROYSTON gave a buck for not having TED CEAUSU's anniversary in the bulletin (It is now.) He added for PAT RUIZ volunteering to do the bulletin next week while he travels West. Always looking for an opportunity to tell a story he told about the request to God to build a highway to Hawaii by one who hated to fly.

Dr. ED NORMAN wondered why the Scribe wasn't up at O'Dark early to get his picture while he walked at the Relay. He added one for the Nominating Committee at work. Dr. JERRY ROODZANT gave to encourage us to serve when asked. He had a lame excuse for not walking in the Relay but had a miraculous recovery by pancake time. Next week at this time he will heading for Wrigley Field to see the Cubs play (He didn't say what they will be playing.) (One does wonder why the Cubs play at Wrigley Field when it should be the "Gummy Bears.")

STEVE FORSTER gave for missing the Pancake breakfast. He was on a fishing trip. He added one for the state relieving the City of \$5.9 million. (It's not only a tight rope walker who does a balancing act.)

## ANNOUNCEMENTS

### Trap Shoot

The Trap Shoot will be held on June 19. The cost will be around \$30-35 per person. The check in will be at 8:30 AM with the shooting starting at 9:00

### Scholarships

LOU PILTZ reports that the Scholarship applications are coming in with the deadline for submittal on May 15. They will be reviewed during the last week of May and winners will be chosen.

### Concert at Neff Park

Bob Jenkins, President of the La Mirada Community Services Foundation has requested Kiwanis to sell TriTip sandwiches at the Concert at Neff Park on Thursday, July 22 as a part of the city's 50<sup>th</sup> Anniversary. The matter was taken up at the Board Meeting and we agreed to be a part of the action.

**We Remember  
DAN HEIL  
Died May 15, 2006**

**Wake Up  
to Your  
Daily Morning  
La Mirada News  
At  
Tony Aiello's  
lamiradablog.com**

## 2009-2010 Officers, Board

### Directors

TED CEAUSU  
 PETER CHOW  
 RUFFO ESPINOSA  
 ART LESLIE  
 RICH POWERS  
 PAT RUIZ  
 DAVE TAYLOR  
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 Kiwanis Education &  
 Bulletin  
 MARK ROYSTON  
 Greater Years  
 House & Reception.  
 SHERRY BRAKEBILL  
 Interclub's  
 TED CEAUSU  
 Major Emphasis  
 PETER CHOW

Program  
 DR. JERRY ROODZANT  
 Publicity  
 LOU PILTZ  
 Ways & Means  
 REED TAYLOR  
 Youth Services  
 RICH TRUJILLO  
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 GEORGE HALLAK  
 Lt. Governor Elect  
 DEBBIE SCHEIBEL  
 Key Club President  
 Emma Ramirez



## The Objects of Kiwanis International

To give primacy to the human and spiritual, rather than to the material values of life  
 To encourage the daily living of the Golden Rule in all human relationships.  
 To promote the adoption and the application of higher social, business, and professional standards.  
 To develop, by precept and example, a more intelligent, aggressive, and serviceable citizenship.  
 To provide through Kiwanis Clubs, a practical means to form enduring friendships, to render altruistic service, and to build better communities.  
 To co-operate in creating and maintaining that sound public opinion and high idealism which makes possible the increase of righteousness, justice, patriotism, and goodwill.

The La Mirada Kiwanis Club is the home club of the following Past Lt. Governors : Dr. ED NORMAN, CARY MAYER and HARLAN COMEE and at one time was the home club of: HAL BENVENISTE, IRWIN KAISER, FRANK MCCOY, and GEORGE HARRISON, all Past Lt. Governors of. Div. 30. It is the home club of Lt. Gov. Elect DEBBIE SCHEIBEL

# Kiwanis La Mirada

### Legend:

Board Meeting   
 Today's Date   
 Evening Meeting 

## May 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## June 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

## Announcements

May 6- Evening Meeting  
 May 13-Bingo at Imperial  
 May 20-Bingo at Mirada Hills

**Birthdays:** May 1-PERRY TURIGLIATTO, May 2-BILL DAWSON, May 2-ART LESLIE, May 10-Dr. ED NORMAN, May 20-MARK ROYSTON, MAY 20-REED TAYLOR

**Anniversary:** May 1 DAVE TAYLOR, May 16-TED CEAUSU, May 20-TONY ARMAS, May 22-Dr. JERRY ROODZANT, May 25-JESSE URQUIDI, MAY 31-PETER CHOW

**Visitors:** From Greater Anaheim, JOE DALE, JILL DALE, KEITH RICKEY, & LINDA SHEEHAN. From out of the Past, GEORGE HARRISON

**50/50** was won by DEBBIE SCHEIBEL and donated to the Scholarship Fund.

### Calendar-Regular Meetings

Every Wednesday Morning

7:15 AM Gateway Holiday Inn

Monthly Evening Meeting-First Thursday

Volunteer Center Suite 4 (11900 La Mirada Blvd.)

7:00 PM